Brett Kendall Jakubiak Curriculum Vitae

CONTACT INFORMATION

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EDUCATION

2017	Ph.D. Psychology, Carnegie Mellon University, Pittsburgh, PA Specialization: Social/ Personality/ Health Psychology
2012	M.S. Psychology, Villanova University, Villanova, PA
2010	B.A. Psychology, Loyola University Maryland, Baltimore, MD

PROFESSIONAL EXPERIENCE

2023-present	Associate Professor, Syracuse University, Syracuse, NY
2017-2023	Assistant Professor, Syracuse University, Syracuse, NY

RESEARCH INTERESTS

My research interests center on a) identifying behaviors and cognitions in relationships that foster relationship satisfaction and persistence and b) understanding how close relationships promote individual well-being. Specifically, I am interested in interpersonal support processes that regulate stress, encourage autonomous goal pursuit, and enhance relationship quality across the lifespan.

PUBLICATIONS

- DiDonato, T. D., & Jakubiak, B. K. (2023). *The science of romantic relationships*. Cambridge University Press.
- Jakubiak, B. K., *Fuentes, J. D., & Feeney, B. C. (2023). Perceptions of oneself and one's partner following a stressor discussion predicting attachment insecurity over one year. *Journal of Social* and Personal Relationships. Advance online publication. https://doi.org/10.1177/02654075231170145
- Jakubiak, B. K., *Fuentes, J. D., *Sun, E. R. & Feeney, B. C. (2022). Social support is a balancing act: Mitigating attachment anxiety by supporting independence and dependence. *Journal of Social* and Personal Relationships. Advance online publication. https://doi.org/10.1177/02654075221142000

- Jakubiak, B. K., *Fuentes, J. D., & Feeney, B. C. (2022). Affectionate touch promotes shared positive activities. *Personality and Social Psychology Bulletin*. Advance online publication. https://doi.org/10.1177/01461672221083764
- *Shaw, T. J., **Jakubiak, B. K.**, & Scheer, J. R. (2022). Support-seeking and active coping mitigate the association between post-trauma symptom severity and attachment insecurity in a community sample of trauma survivors. *Traumatology*. Advance online publication. https://doi.org/10.1037/trm0000407
- Jakubiak, B. K. (2022). Affectionate touch in satisfying and dissatisfying romantic relationships. *Journal* of Social and Personal Relationships, 39, 2287-2315. https://doi.org/10.1177/02654075221077280
- Jakubiak, B. K. (2021). Providing support is easier done than said: Support providers' perceptions of touch and verbal support provision requests. *Journal of Experimental Social Psychology*, 96, 104-168. <u>https://doi.org/10.1016/j.jesp.2021.104168</u>
- Jakubiak, B. K., *Fuentes, J. D., & Feeney, B. C. (2021). Individual and relational differences in desire for touch in romantic relationships. *Journal of Social and Personal Relationships*, *38*, 2029-2052. https://doi.org/10.1177/02654075211003331
- Jakubiak, B. K., Debrot, A., Kim, J., & Impett, E. A. (2021). Approach and avoidance motives for touch are predicted by attachment and predict daily well-being. *Journal of Social and Personal Relationships*, *38*, 256-278. https://doi.org/10.1177/0265407520961178
- Jakubiak, B. K., Feeney, B. C., & Ferrer, R. A. (2020). Benefits of daily support visibility vs. invisibility across the adult lifespan. *Journal of Personality and Social Psychology*, *118*, 1018-1043. https://doi.org/10.1037/pspi0000203
- Jakubiak, B. K. (2020) Safe and secure: How close relationships mitigate risks and ease insecurities. In L. V. Machia, C. R. Agnew, & X. B. Arriaga (Eds.) *Interdependence, Interaction, and Close Relationships* (pp. 120-143). Cambridge University Press. <u>https://doi.org/10.1017/9781108645836.007</u>
- Jakubiak, B. K., & Tomlinson, J. M. (2020). The role of social support in promoting self-development. In B. A. Mattingly, K. P. McIntyre, & G. W. Lewandowski (Eds.), *Interpersonal Relationships* and the Self-Concept (pp. 125-143). Springer. <u>https://doi.org/10.1007/978-3-030-43747-3_8</u>
- Jakubiak, B. K., & Feeney, B. C. (2019a). Interpersonal touch as a resource to facilitate positive personal and relational outcomes during stress discussions. *Journal of Social and Personal Relationships*, *36*, 2918-2936. <u>https://doi.org/10.1177/0265407518804666</u>
- Jakubiak, B. K., & Feeney, B. C. (2019b). Hand-in-hand combat: Affectionate touch promotes relational well-being and buffers stress during conflict. *Personality and Social Psychology Bulletin*, 45, 431-446. <u>https://doi.org/10.1177/0146167218788556</u>
- Helgeson, V. S., Jakubiak, B. K., Zajdel, M., & Van Vleet, M. (2018). Communal coping and adjustment to chronic illness: Theory update and evidence. *Personality and Social Psychology Review*, 22, 170-195. <u>https://doi.org/10.1177/1088868317735767</u>

^{*} denotes student trainee

- Kim, K., Feeney, B. C., & Jakubiak, B. K. (2018). Touch reduces romantic jealousy in the anxiously attached. *Journal of Social and Personal Relationships*, 35, 1019-1041. <u>https://doi.org/10.1177/0265407517702012</u>
- Feeney, B. C., Van Vleet, M., Jakubiak, B., & Tomlinson, J. (2017). Predicting the pursuit and support of challenging life opportunities. *Personality and Social Psychology Bulletin*, 43, 1171-1187. <u>https://doi.org/10.1177/0146167217708575</u>
- Helgeson, V. S., Jakubiak, B. K., Seltman, H., Hausmann, L., & Korytkowski, M. (2017). Implicit and explicit communal coping in couples with recently diagnosed type 2 diabetes. *Journal of Social* and Personal Relationships, 34, 1099-1121. <u>https://doi.org/10.1177/0265407516669604</u>
- Jakubiak, B. K., & Feeney, B. C. (2017). Affectionate touch to promote relational, psychological, and physical well-being in adulthood: A theoretical model and review of the research. *Personality and Social Psychology Review*, 21, 228-252. <u>https://doi.org/10.1177/1088868316650307</u>
- Jakubiak, B. K., & Feeney, B. C. (2016a). Daily goal progress is facilitated by spousal support and promotes relational, psychological, and physical well-being. *Journal of Personality and Social Psychology*, 111, 317-340. <u>https://doi.org/10.1037/pspi0000062</u>
- Jakubiak, B. K., & Feeney, B.C. (2016b). A sense of security: Touch promotes state attachment security. Social Psychological and Personality Science, 7, 745-753. https://doi.org/10.1177/1948550616646427
- Jakubiak, B. K., & Feeney, B. C. (2016c). Keep in touch: The effects of imagined touch support on exploration and pain. *Journal of Experimental Social Psychology*, 65, 59-67. https://doi.org/10.1016/j.jesp.2016.04.001
- DiDonato, T. E., & Jakubiak, B. K. (2016a) Strategically funny: Romantic motives affect humor style in relationship initiation. *European Journal of Psychology*, 12, 390-405. <u>https://doi.org/10.5964/ejop.v12i3.1105</u>
- DiDonato, T. E., & Jakubiak, B. K. (2016b). Sustainable decisions signal sustainable relationships: How purchasing decisions affect perceptions and romantic attraction. *The Journal of Social Psychology*, 156, 8-27. <u>https://doi.org/10.1080/00224545.2015.1018858</u>
- Feeney, B. C., Van Vleet, M., & Jakubiak, B. K. (2015). An attachment theoretical perspective on optimal dependence in close relationships. In J. Simpson and W. S. Rholes (Eds.) Attachment Theory and Research: New Directions and Emerging Themes (pp. 195-233). Guilford Press.
- Kendzierski, D. K., & **Jakubiak, B. K.** (2014). Exercise self-schema. In R.C. Eklune & G. Tenenbaum (Eds.), *Encyclopedia of Sport and Exercise Psychology*. Thousand Oaks, CA: Sage Publications.
- Slotter, E. B., Lucas, G. M., Jakubiak, B., & Lasslett, H. (2013). Changing me to keep you: State jealousy promotes perceiving similarity between the self and a romantic rival. *Personality and Social Psychology Bulletin, 39*, 1280-1292. <u>https://doi.org/10.1177/0146167213492427</u>

Manuscripts Under Review and In Progress

Sun, E. R. & Jakubiak, B. K. (Under review). Selective sharing of personal events in close relationships.

FUNDING

External Research Grants - Funded

2022-2027	National Science Foundation (BCS-2140978), CAREER: Modeling the unique effects of verbal and physical contact on well-being (Role: PI; \$698,773)
2019	Time Sharing Experiments for the Social Sciences Young Investigators Proposal Competition, <i>Do the benefits of receiving affectionate touch generalize beyond satisfied</i> <i>couples?</i> (Role: PI; pays for recruitment/remuneration of a nationally representative sample of 1100 participants)
2016	National Institutes of Health Ruth L. Kirschstein Predoctoral National Research Service Award (1F31AG052991-01A1) <i>The health protective consequences of affectionate touch</i> <i>during couple conflict throughout adulthood</i> (Role: PI; \$87,152)
2016	Foundation for Personality and Social Psychology Heritage Dissertation Award (Role: PI, \$1000)
2016	American Psychological Association (APA) Dissertation Award (Role: PI; \$1000)
2016	American Psychological Foundation (APF) Dissertation Scholarship (Role: PI; \$1000)
External Resea	arch Grants – Not Funded
2019	National Science Foundation, <i>CAREER: A multi-method investigation of the relational and personal consequences of affectionate touch in romantic relationships</i> (submitted July 2019)
2017	Time Sharing Experiments for the Social Sciences Young Investigators Proposal Competition (submitted September 2017)
Internal Resea	rch Grants – Funded
2018	Collaboration for Unprecedented Success and Excellence (CUSE) Seed Grant (\$5000)
2015	Graduate Small Project Help Research Funding, CMU GSA/Provost Office (\$750)
2014	Graduate Small Project Help Research Funding, CMU GSA/Provost Office (\$750)
2013	Graduate Small Project Help Research Funding, CMU GSA/Provost Office (\$750)
<u>Undergraduat</u>	e Research Grant Supervising - Funded
2022-2023	Syracuse University Office of Undergraduate Research and Creative Engagement (SOURCE) Grant, <i>When and how do people share? Attachment anxiety and perceived partner support predicting support-seeking strategies</i> (Student awardees: Matthew Snyder & Nelly Nie, \$4000)

2021-2022 SOURCE Honor's Program Grant: *Correlational Relationship Between Trauma and Attachment: The Moderating Role of Help Seeking Behavior* (Student awardee: TJ Shaw, \$4500)

HONORS AND AWARDS

2021	Meredith Early Performance Award for exemplary teaching by non-tenured faculty, Syracuse University
2017	Bobby Klatzky Graduate Student Publication Award, Carnegie Mellon University
2017	Herb Simon Graduate Student Teaching Award, Carnegie Mellon University
2016	William S. Dietrich II Presidential Ph.D. Fellowship, Carnegie Mellon University
2016	Dick Hayes Graduate Student Service Award, Carnegie Mellon University
2013	Society for Personality and Social Psychology (SPSP) Graduate Student Travel Award
2012	Ingebord L. and O. Byron Ward Outstanding Thesis Award, Villanova University
2010-2012	Graduate assistantship award, Villanova University
2010	Phi Beta Kappa

TEACHING

Courses Taught – Syracuse University

Close Relationships (Undergraduate) Social Psychology (Undergraduate) Advanced Social Psychology (Graduate) Proseminar Methods and Topics in Social Psychology (Graduate)

Courses Taught - Carnegie Mellon University

Close Relationships Seminar (Undergraduate) Research Methods in Social Psychology (Undergraduate) Co-instructor of Research Methods in Social Psychology (Undergraduate)

Teaching Training

Summer Institute for Technology-Enhanced Teaching and Learning, Syracuse University (SITETL), 2018 Future Faculty Program, Eberly Center for Teaching Excellence and Educational Innovation, 2012-2016 Graduate Student Reading Group on Active Learning, 2016 Graduate Student Reading Group: Challenges to Student Learning, 2016

FORMAL RESEARCH MENTORING

Graduate Student Advisees	Honor's Thesis Advisees	Independent Research Mentees
Julian Fuentes	Laura Dickinson	Yiwen Gu – Independent study
Elina (Ruiqi) Sun	TJ Shaw	Gabriella LaRocha – Capstone project
_		Nelly (Jiaxuan) Nie – SOURCE
		project

Karen Pena – PRIDE summer project Matthew Snyder – SOURCE project

Service to the Field

Editorial Board:

Journal of Social and Personal Relationships (2019-present)

Relationships Research Interest Group (RRIG):

Close Relationships Preconference Member-At-Large, 2020-2021 Close Relationships Preconference Chair, 2019-2020 Close Relationships Preconference Chair Co-Chair, 2018-2019

Ad Hoc Reviewer:

Body and Society Current Directions in Psychological Science Emotion European Journal of Social Psychology Frontiers in Psychology International Journal of Environmental Research and Public Health International Journal of Psychology Journal of Experimental Social Psychology Journal of Nonverbal behavior Journal of Sex and Marital Therapy Journal of Social and Personal Relationships Journal of Personality and Social Psychology Motivation and Emotion Personal Relationships Personality and Social Psychology Bulletin Perspectives on Psychological Science Proceedings of the Royal Society B – Biological Sciences Psychology and Sexuality Research on Aging Review of General Psychology Sage Open Social Psychological and Personality Science

Conference Reviewer:

Society for Personality and Social Psychology Poster Award, 2017 Society for Personality and Social Psychology Outstanding Research Award, 2014

Service to the University and Department

College of Arts and Sciences Strategic Planning Committee, 2022-2023

Women in Science and Engineering Future Professionals Program Portfolio Reviewer, 2019-2022 Women in Science and Engineering Future Professionals Program Faculty Mentor, 2019-2021 CUSE Grant Program Reviewer, 2019 Annual Poster Session Evaluator (2018, 2019, 2021)

Departmental committees served:

Diversity, Equity, and Inclusion Committee, 2022-2023 Social Area Graduate Program Admissions Committee, 2017-2023 Healthy Labs Committee, 2021-2022 Social Psychology Assistant Professor Search Committee, Fall 2021 Executive Committee, 2020-2021 Undergraduate Engagement Committee, 2020-2021 Research Committee, 2019-2020 Cognitive Psychology Assistant Professor Search Committee, Fall 2019 Assistant Teaching Professor (Social) Search Committee, Fall 2019 Strategic Planning Committee, 2018-2019 School Psychology Assistant Professor Search Committee, Fall 2018 Public Relations Committee, 2017-2018

Student milestone committees served:

Thesis Committees	1 st Year Project**	Qualifying Exam	Dissertation	Honor's Thesis
Abigail Caselli	Jayda Felder	Emily Beauparlant	Abigail Caselli	Krystal Chung
Nicole Ellerbeck	Xiangjing Kong	Abigail Caselli	Kellen Cavanaugh	Lia Figurelli
Mackenzie Ess	Elina Sun	Mackenzie Ess	Jackie Foley	Regan Schutt
Julian Fuentes		Julian Fuentes.	Julian Fuentes	
Emily Helminen		Alexandra Jaurique	Michael Ioerger	
Kathleen Huber		Arthur Marsden	Jesse Kossiba	
Arthur Marsden			Rikki Sargent	
Destiny Orantes				
Morgan Proulx				
Rikki Sargent				
Ran Zhang				

CONFERENCE PRESENTATIONS

Invited Oral Presentations and Symposia

- Jakubiak, B. K. (2022, April). *Optimizing social support exchanges with affectionate touch*. Invited talk for the Relationship Research Group at Rochester University, virtual meeting.
- Jakubiak, B. K. (2022, February). *Optimizing social support exchanges with affectionate touch*. Keynote presentation at the Close relationships preconference at the annual meeting of the Society for Personality and Social Psychology, virtual meeting.
- Jakubiak, B. K., *Fuentes, J. D., & Feeney, B. C. (2022, February). *Reducing attachment anxiety is a balancing act.* Symposium presentation at the annual meeting of the Society for Personality and Social Psychology, virtual meeting.
- *Fuentes, J.D., & **Jakubiak**, **B. K.** (2022, February). *Attachment insecurity predicts preferences for and effectiveness of attachment-matched support*. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology, virtual meeting.

^{**} Requirement completed in lieu of Master's thesis for graduate students entering the program with a Master's degree

- Jakubiak, B. K., Feeney, B. C., & Ferrer, A. (2021, July). Support-context impacts the consequences of support visibility across the adult lifespan. Symposium presentation at the International Association for Relationship Research's Annual Meeting, virtual meeting.
- Jakubiak, B. K. (2020, November). *Optimizing social support exchanges*. Invited talk for Relationship Research Group at Michigan State University, virtual meeting.
- Jakubiak, B. K., & Feeney, B. C. (2019, February). *Touch during stress discussions is associated with positive personal and relational outcomes.* Symposium presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- Jakubiak, B. K., & Feeney, B. C. (2018, July). Affectionate touch during conflict promotes relational well-being and buffers stress. Symposium presentation at the International Association for Relationship Research's Annual Meeting, Fort Collins, CO.
- Feeney, B. C., & Jakubiak, B. K. (2018, March). Spousal support for fears about aging and goal strivings predict wellbeing in older adulthood. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Jakubiak, B. K., *Kim, K., & Feeney, B. C. (2017, June). *Touch reduces romantic jealousy in the anxiously attached*. Symposium presentation at the International Association for Relationship Research's Interdependence, Interactions, and Relationships Mini-Conference, Syracuse, NY.
- Jakubiak, B. K., & Feeney, B. C. (2017, May). *Exploration and support for exploration in younger and older adult couples*. Symposium presentation at annual meeting of the Association for Psychological Science, Boston, MA.
- Jakubiak, B. K., & Feeney, B. C. (2017, January). *Affectionate touch promotes state attachment security*. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Jakubiak, B. K., & Feeney, B. C. (2016, July). *Imagined touch buffers stress and promotes exploration*. Symposium presentation at the International Association for Relationship Research's Annual Meeting, Toronto, Ontario.
- Jakubiak, B. K., & Helgeson, V. (2016, July). *Our problem: Implicit and explicit communal coping in couples with recently diagnosed type 2 diabetes.* Symposium presentation at the International Association for Relationship Research's Annual Meeting, Toronto, Ontario.
- Jakubiak, B. K., & Feeney, B. C. (2015, June). *Daily goal progress is facilitated by spousal support and promotes psychological, relational, and physical well-being.* Symposium presentation at the International Association for Relationship Research's Relationships, Health, & Wellness Mini-Conference, New Brunswick, NJ.
- Feeney, B., Van Vleet, M., Tomlinson, J., & Jakubiak, B. (2014, February). Predictors of the pursuit and support of challenging life opportunities. Symposium presentation at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Slotter, E. B., Lucas, G. M., **Jakubiak, B.**, & Laslett, H. (2012, October). *Changing me to keep you: State jealousy promotes similarity between the self and a romantic rival*. Symposium presentation at the annual meeting of the Society for Experimental Social Psychology, Austin, TX.

Poster Presentations

- *Wilson, K., *Potocki, M., *Dickerson, S., *Sun, E., & Jakubiak, B. K. (2023, April). *The attachment GNAT: A new implicit measure of attachment security.* Poster presented at the annual Syracuse University College of Arts & Science Undergraduate Research Festival, Syracuse, NY.
- *Snyder, M., *Nie, J. X., *Sun, E., & Jakubiak, B. K. (2023, April). *Willingness to share in close relationships*. Poster presented at the annual Syracuse University SOURCE research festival, Syracuse, NY.
- *Sun, E., Jakubiak, B., & *Snyder, M. (2023, February). *Willingness to share in primary relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- *Gu, Y., & Jakubiak, B. (2022, February). *Psychological flexibility enhances support provision among avoidantly attached people*. Poster presented at the annual meeting of the Society for Personality and Social Psychology.
- *Fuentes, J. D., & **Jakubiak**, **B. K.** (2021, February). *Benefits of attachment-matched support in romantic relationships and friendships*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology.
- *Fuentes, J. D., & **Jakubiak**, **B. K.** (2020, February). *What's good? Support preferences depend on security of attachment*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- DiDonato, T. D., & Jakubiak, B. K. (2020, February). *My success is your success... except when it isn't: Using humor to soften the blow of threatening success disclosures.* Poster presentation at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- *Wu, D., **Jakubiak, B.**, Feeney, B. C., & Collins, N. (2019, February). *Can affectionate touch and intimacy level influence willingness to sacrifice?* Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Portland, OR.
- *Kim, K., Feeney, B. C., & **Jakubiak, B. K.** (2018, July). *Touch reduces romantic jealousy in the anxiously attached*. Poster presentation at the International Association for Relationship Research's Annual Meeting, Fort Collins, CO.
- Jakubiak, B. K., Feeney, B. C., & *Wu, D. (2018, March). *Hand-in-hand combat: The benefits of affectionate touch during couple conflict.* Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Jakubiak, B. K. (2016, October). *The five-sentence summary: A pre-writing exercise to scaffold empirical writing.* Poster presentation at the Carnegie Mellon University Teaching and Learning Summit, Pittsburgh, PA.
- Jakubiak, B. K., & Feeney, B. C. (2014, February). "I'm touched by your support": How imagined touch support buffers stress and pain. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

- Jakubiak, B. K., & Kendzierski, D. (2013, March). *Exercise attitudes and intentions post-hypocrisy: Order matters.* Poster presentation at the annual meeting of the Eastern Psychological Association, New York, NY.
- Jakubiak, B. K. & Brand, R. J. (2013, February). "Not the fairest of them all?": How same-sex social comparisons influence mating aspirations. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Brand, R. J., Bonatsos, A. & **Jakubiak, B. K.** (2013, February). *Humor and fertility in rating good-genes vs. good-dad traits.* Poster presentation at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Jakubiak, B. K., & DiDonato, T. E. (2011, February) "Honey, she's just a friend": An investigation of *jealousy over romantic partners' cross-sex friends*. Poster presentation at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

MEMBERSHIP IN PROFESSIONAL SOCIETIES

2010-present	Personality and Social Psychology (SPSP)
2014-present	Association for Psychological Science (APS)
2015-present	International Association of Relationships Researchers (IARR)
2015-2017	American Psychological Association (APA)

ADVANCED STATISTICS TRAINING

2017	Structural equation modeling workshop (Data Analysis Training Institute of Connecticut)
2016	Mixed models course (University of Pittsburgh)
2016	Meta-analysis: A practical guide to meta-analysis (Carnegie Mellon University)
2016	Structural equation modeling reading group (Carnegie Mellon University)
2015	R programming (Coursera mini-course, Johns Hopkins University)
2015	Hierarchical linear modeling course (University of Pittsburgh)
2014	Dyadic data analysis workshop (Data Analysis Training Institute of Connecticut)
2014	MATLAB mini-course (Carnegie Mellon University)